The Fleet and Family Support Center (FFSC) offers an array of classes each month that are FREE to active duty, retirees and their family members. Pre-registration is required due to limited seating. Please make arrangements as childcare is not provided.

1063 USS Tennessee Ave,
BLDG 1051
Kings Bay, GA 31547

Hours of Operation:
Mon, Tues, Wed & Fri:
8:00am - 4:30pm
Thursday
9:00am - 4:30pm

Connect with us!

KBU is a base-wide initiative that offers various classes in Life, Health and Leisure Skills bringing you one step closer to developing a "Better You". Different classes are offered each month. When you attend a class or event with this logo, you are entered to WIN BIG PRIZES.

Join these in-person classes where Fleet and Family Support Center subject matter experts provide you with the tools to BE A BETTER YOU. To register for these classes, please call FFSC at 912-573-4512/4513 or register online with the QR code.

Kings Bay
FFSC
August 2022
Class Schedule

Know us, before you need us!

Be A Better You in 2022!
INNOVATUS One-on-One Employer Event
2 August 10:00am-5:00pm

TAP Class *
1-5 August 7:00am-4:30pm
22-26 August 7:00am-4:30pm
29-August-2 September 7:00am-4:30pm

DOL Vocational
4-5 August 9:00am-4:30pm
25-26 August 9:00am-4:30pm

Boots To Business
1-2 September 9:00am-4:30pm

Capstone
19 August 8:30am-10:30am

Federal Resume Writing
24 August 12:30-3:30pm

Georgia Troops to Teacher
24 August 1:00pm-4:00pm

BAE Systems Hiring Event
31 August 10:00am-2:00pm

NEW PARENT SUPPORT PROGRAM

Expectant Family Workshop
18 August 1:00pm-4:30pm

EXCEPTIONAL FAMILY MEMBER

EFMP POC Training
10 August 1:00pm-2:00pm

EFMP POC Forum
10 August 2:00pm-3:00pm

RELOCATION

PCS with DPS *
Every Tuesday @ 9:30am
Every Thursday @ 3:00pm

Cultural Adaptation
10 August 12:30pm-2:00pm

OCONUS Smooth Move
3 August 1:00pm-3:00pm

CONUS Smooth Move
20 August 10:00am-12:00pm

PERSONAL FINANCE

Debt Destroyer
2 August 3:00pm-5:00pm

Command Financial Specialist Forum
3 August 1:00pm-2:00pm

Command Financial Specialist Training
15-19 August 8:00am-4:00pm

Understanding Your Leave and Earning Statement (LES)
8 August 10:00am-12:00pm

Be Financially Prepared For Disasters
25 August 5:00pm-7:00pm

Free Money?
Continuation Pay is a click away
30 August 10:00am-12:00pm

OMBUDSMAN/FAMILY READINESS GROUP

Family Readiness Group (FRG) Training *
13-14 August 9:00am-4:00pm

Ombudsman Assembly
(Ombudsman & Command Support Team Only)
22 August 5:30pm

LIFE SKILLS

Balancing Act: The Pros And Cons Of The Digital Age And Relationships
10 August 9:30am-11:00am

Stress Management
17 August 10:30am-12:00pm

Mind Body and Mental Fitness

2:00pm-4:00pm

Flexibility
1 August

Problem Solving
8 August

Connection
15 August

DEPLOYMENT

Navigating Your New Normal During Deployment
9 August 1:00pm-2:30pm

Single Sailors At Sea
23 August 1:00pm-2:30pm

COUNSELING & ADVOCACY

Anger Management *
Every Monday @ 1:00pm

STOP *
Every Wednesday @ 1:00pm

*To register for one of these classes, please call 912-573-4512/4513.