

Refreshers

CARIBBEAN SURF

\$6 | \$7.5 | \$9.5

Strawberry, Mango,
Banana, Turbinado

TROPICAL PARADISE

\$6 | \$7.5 | \$9.5

Pineapple, Mango, Banana

STRAWBERRY BANANA ANGEL

\$6 | \$7.5 | \$9.5

Strawberry, Banana, Almond
Milk, Turbinado

HANG TEN

\$6 | \$7.5 | \$10

Strawberry, Mango, Peach,
Turbinado

PEACH SLICE

\$6 | \$7.5 | \$10

Peach, Pear, Apricot, Turbinado

Keep it Light

LEAN STRAWBERRY

\$9 | \$12.5 | \$16.5

Strawberry, Vanilla
Whey Protein

CHOCOLATE TRIM

\$9 | \$12.5 | \$16

Banana, Chocolate
Whey Protein

MANGO TANGO

\$9 | \$12.5 | \$16

Mango, Strawberry, Vanilla
Whey Protein

LEAN PEACH

\$9 | \$12.5 | \$16.5

Peach, Pear, Apricot, Vanilla
Whey Protein

Fitness

GOING GREEN

\$7 | \$8 | \$9.5

Pineapple, Peach,
Spinach, Ginger

WILD STRAWBERRY PEACH

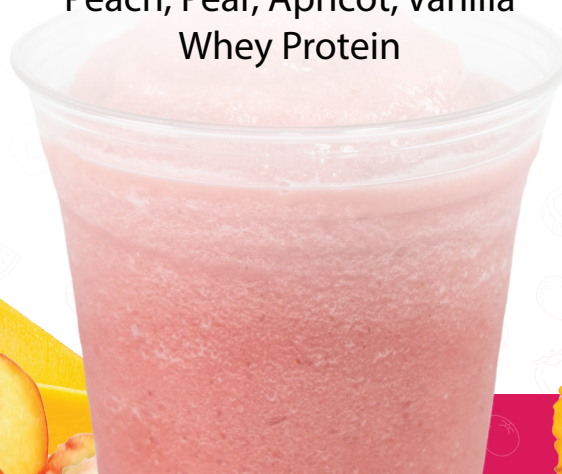
\$8 | \$10.5 | \$14

Strawberry, Peaches, Flax,
Plant-Based Protein, Turbinado

STRAWBERRY BANANA WHIRL

\$8 | \$10.5 | \$14

Strawberry, Banana, Plant-Based
Protein, Almond Milk, Turbinado



BLENDZ Smoothies

AVAILABLE IN 16OZ, 24OZ & 32OZ

Meal Replacers

High Protein

PB CHOCOLATE LOVE

\$9 | \$13 | \$18

Banana, Peanut Butter,
Chocolate Whey Protein:
16oz - 30g | 24oz - 45g

MONKEY BUSINESS

\$9 | \$13.5 | \$18

Banana, Almonds,
Vanilla Whey Protein:
16oz - 28g | 24oz - 42g

ALOHA

\$8 | \$12 | \$16

Pineapple, Almonds,
Vanilla Whey Protein:
16oz - 27g | 24oz - 40g

PB&J

\$8 | \$12 | \$16

Strawberry, Banana, Peanut Butter,
Vanilla Whey Protein:
16oz - 30g | 24oz - 45g

Bulk it Up

1 Scoop

VANILLA

WHEY PROTEIN 19g Protein - \$3.5

CHOCOLATE

WHEY PROTEIN 20g Protein - \$3.5

PLANT-BASED

PROTEIN 20g Protein - \$2.5

CREATINE 5g - \$2.5

Go Nuts - \$2

SUNFLOWER SEEDS

PEANUT BUTTER

ALMONDS | FLAX SEED



REFRESHERS.
FITNESS.
PROTEIN.



SCAN QR CODE
FOR MORE INFO

NUTRITIONAL INFORMATION AND HOURS