





March 2019



FFSC Hours of Operation:
Monday, Tuesday, Wednesday and Friday: 8:00 a.m. - 4:30 p.m.
Thursday: 9:00 a.m. - 4:30 p.m.

Monday	Tuesday	Wednesday	Thursday	Friday
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4 <i>Anger Management Session 6</i> 1:00 p.m.—3:00 p.m.	5 <i>Writing Your Best Resume</i> 1:00 p.m.—3:30 p.m.	6 <i>Mom's and Dad's Group</i> 10:00 a.m.—12:00 p.m. <i>OCONUS Smooth Move</i> 10:00 a.m.—12:00 p.m.	7 <i>Financial Leadership Seminar</i> 1:00 p.m.—2:00 p.m.	8 <i>TGPS Capstone</i> 8:00 a.m.—10:00 a.m.
<i>March 4—8 Transition GPS (Retiree) 7:00 a.m.— 4:30 p.m.</i>				
11 	12	13 <i>Stress Management</i> 9:30 a.m.—11:00 a.m. <i>Mom's and Dad's Group</i> 10:00 a.m.—12:00 p.m.	14 <i>Emotional Cycles of Deployment</i> 10:00 a.m.—12:00 p.m.	15 <i>Format & Style Resume Workshop</i> 9:00 a.m.—12:00 p.m.
<i>SAPR 40 Hour Training March 11-15 8:00 a.m.—4:00 p.m.</i>				
18 <i>Anger Management Session 1</i> 1:00 p.m.—3:00 p.m.	19 <i>Triad Training</i> 10:00 a.m.—12:00 p.m. <i>Navigating the Federal Employment Process</i> 1:00 p.m.—3:30 p.m. <i>FRG Assembly</i> 6:30 p.m.—8:00 p.m.	20 <i>Mom's & Dad's Group</i> 10:00 a.m.-12:00 p.m. <i>CONUS Smooth Move</i> 10:00 a.m.—12:00 p.m. <i>Free Credit Score Day</i> 11:00 a.m.—7:00 p.m.	21 <i>NFAAS & Emergency Preparedness</i> 10:00 a.m.—12:00 p.m. <i>Job Search Strategies</i> 1:00 p.m.—3:30 p.m.	22 <i>TGPS Capstone</i> 8:00 a.m. -10:00 a.m. <i>Employer One on One: ONI</i> 9:00 a.m.—2:00 p.m.
<i>March 18-22 Transition GPS (Separatee) 7:30 a.m.— 4:30 p.m.</i>				
25 <i>Anger Management Session 2</i> 1:00 p.m.—3:00 p.m. <i>Ombudsman Assembly</i> 5:30 p.m.	26 <i>Communication Matters</i> 1:00 p.m.—2:30 p.m.	27 <i>Conflict Resolution</i> 9:30 a.m.—11:00 a.m. <i>Mom's & Dad's Group</i> 10:00 a.m.-12:00 p.m. <i>Tri-Base Job Fair</i> 9:00 a.m.—2:00 p.m.	28	29 
<i>March 26—27 Transition GPS: Boots to Business 8:00 a.m.— 4:00 p.m.</i>				

The Fleet and Family Support Center (FFSC) offers an array of classes each month that are free to active duty, retirees and their family members. Pre-registration is required due to limited seating. For registration and additional information, please call 573-4512 or 573-4513. Please make arrangements as childcare is not provided at the (FFSC). The Child Development Center (CDC) offers child care under the Give Parents a Break (GPAB) Program. For more information on the GPAB Program, contact the CDC at 912-573-3888.

Additional Services Available

Exceptional Family Member Program
Personal Financial Management
Child/Teen Counseling

Volunteering
Family Employment
Ombudsman Support

Clinical Counseling
Deployment Support
New Parent Support

Command Consultation
Transition
Family Advocacy

IA Support
Retired Affairs
Relocation