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Naval Submarine Base Kings Bay

Education Station

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African Americans and the Arts

When Carter G. Woodson established Negro History week in 1926, he realized the importance of providing a theme to focus the attention of the public. The intention has never been to dictate or limit the exploration of the Black experience, but to bring to the public's attention important developments that merit emphasis. The theme for 2024 focuses on the importance of understanding and appreciating African American artists who have produced art infused with African, Caribbean and Black American experiences.

"For centuries Western intellectuals denied or minimized the contributions of people of African descent to the arts as well as history, even as their artistry in many genres was mimicked and/or stolen. Still, the unbroken chain of Black art production remains from antiquity to the present, from Egypt across Africa, from Europe to the New World. Prior to the American Revolution, enslaved Africans of the Lowcountry began their more than a 300-year tradition of making sweet-grass baskets, revealing their visual artistry via craft.

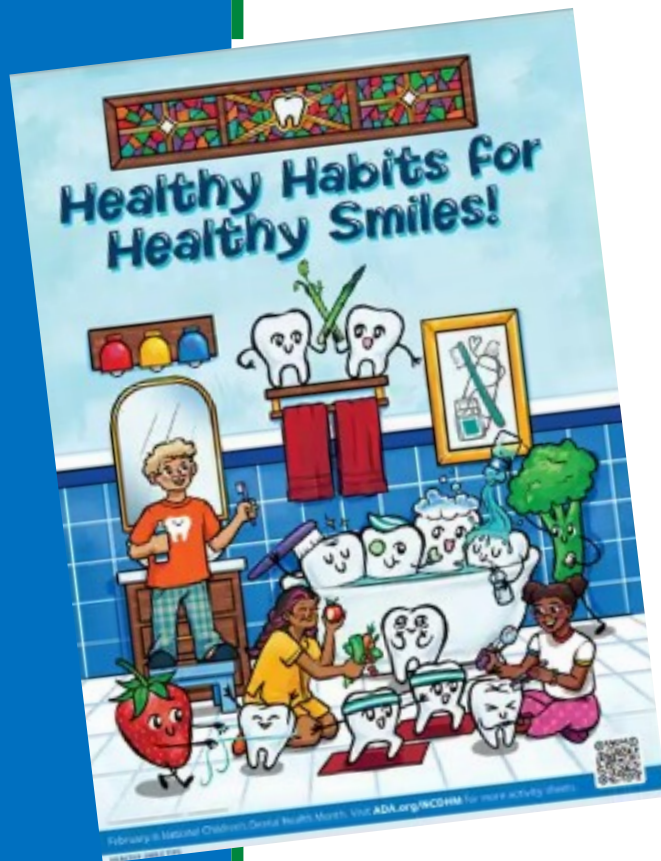
The suffering of those in bondage gave birth to the spirituals, the nation's first contribution to music. Blues musicians such as Robert Johnson, McKinley 'Muddy Waters' Morganfield and Riley "BB" B. King created and nurtured a style of music that became the bedrock for gospel, soul, and other still popular (and evolving) forms of music. Black contributions to literature include works by poets like Phillis Wheatley, essays, autobiographies, and novels by writers such as David Walker and Maria Stewart. Black aesthetics have also been manifested through sculptors like Edmonia Lewis and painters like Henry O. Tanner.

In celebrating the entire history of African Americans and the arts, the Association for the Study of African American Life and History (ASALH) puts into the national spotlight the richness of the past and present with an eye towards what the rest of the twenty-first century will bring. ASALH dedicates its 98th Annual Black History Theme to African Americans and the arts.

This article was adapted from <https://asalh.org/black-history-themes/> on 16 January 24.



National Children's Dental Health Month



What is Dental Health Month?

In February each year, the American Dental Association (ADA), in partnership with Crest and Oral B, sponsors National Children's Dental Health Month. During this month, children are encouraged to learn all about dental hygiene and keep on top of their own oral health. This year's theme is "Healthy Habits for Healthy Smiles," reminding everyone of the importance of protecting teeth (especially children's teeth) against disease and decay.

This is a great time for parents to learn about dental health and to make sure that they're looking after their children's smiles. Take this opportunity to learn a little bit more about their teeth and share some great dental hygiene tips with your kids!

Why is dental health so important?

Looking after our dental hygiene is really important when it comes to keeping our mouth, teeth, and gums healthy and clean!

Making sure we clean our teeth twice a day and getting regular dentist appointments means we can keep our teeth free from harmful bacteria and plaque, which can lead to painful cavities and gum disease.

Here are some top tips for looking after your dental health:

- **Brush twice a day for two minutes!** - Making sure you keep your teeth clean starts with good brushing habits. It's recommended that you brush your teeth twice a day - once in the morning and once in the evening - for two minutes each time.
- **Start flossing your teeth!** - Once teeth are close enough together you can start flossing your teeth, this helps to get rid of any plaque or bacteria that may be harder to reach.
- **Snack healthy and avoid acids!** - Sugary foods and drinks can be really bad for children's teeth and therefore switching to healthier snacks containing less sugar can give your teeth a real boost. It also helps to limit foods and drinks that are highly acidic, such as orange juice and tomatoes, as these can wear down your tooth enamel, but you shouldn't cut these out of your diet completely.
- **Visit the dentist regularly** — It's never too early to start good dental hygiene. By starting dental at least twice a year, children learn the importance of dental care.



This article was adapted from www.ada.org on January 16, 2024.

Employment Opportunities



Career FAIR

Saturday, February 24th

 *CCHS Fine Arts Building*  *10:00 AM - 2:00 PM*
6300 Laurel Island Pkwy, Kingsland, GA

**Meet School & System
Administrators to
learn about job
opportunities in
Camden County
Schools!**

**Free
Entry**
no registration
required

Positions include:

- Elementary Education (PK-5)
- Secondary Education (6-12)
- Special Education (PK-12)
- Student Support Services
- School Food Service
- Extended Day Program
- Support Staff
- Substitute
- Transportation
- Maintenance
- Custodial

For more information, contact Courtney Ray, Coordinator of Communications & Recruitment:

 **912.729.8351**

 **cray@camden.k12.ga.us**



FFSC February Calendar Events

Each month the staff and service providers at the Kings Bay Fleet and Family Support Center (FFSC) offer classes designed to strengthen your family, sharpen your skills, and make living the military life just a little bit easier. The Fleet and Family Support Center classes are free to active duty, retirees and their family members. **Pre-registration is required due to limited seating.** Please make arrangements as childcare is not provided at the FFSC. Want to learn more? Call Fleet and Family at (912) 573-4512 or message the Facebook page at www.facebook.com/ffsckingsbay. For your convenience you may register online using this QR code.



Military Spouse Employment Bootcamp
February 1st

EFMP Forum
February 7th—2:00 pm—3:00 pm

PCS with DPS —Every Tuesday at 9:030 am
Every Thursday at 3:00 pm

Kings Bay Express (Base Tour)
February 14th—10:00 am—12:00 pm

Bridging the Generation Gap
February 20th —10:00 am—12:00 pm

Family Readiness Training
February 7th, 14th, and 21st—9:00 am—1:30 pm

President's Holiday School Closures



County Name	Dates Closed
Brantley County	Friday, 2/16 AND Tuesday, 2/20
Camden County	Thursday, 2/15 AND Friday, 2/16
Charlton County	Holiday ONLY!
Glynn County	Friday, 2/16
Nassau County	Holiday ONLY!

President's Day is just around the corner! Many school districts in the local area have planned to be closed on Monday, February 19th **AND** one or two teacher planning/workdays around the holiday. Be sure to mark your calendars and make family plans based on where your children attend school.

Mardi Gras February 13th



The only thing predictable about Mardi Gras is it will fall on a Tuesday. Mardi is the French word for Tuesday, and gras means "fat." In France, the day before Ash Wednesday came to be known as Mardi Gras, or "Fat Tuesday." This day is also called "Shrove Tuesday, a name that comes from the practice of 'shriving' — purifying oneself through confession before Lent.

When Christianity arrived in Rome, religious leaders decided to incorporate popular local traditions into the new faith rather than abolishing them. As a result, Mardi Gras season became a prelude to Lent, the 40 days of fasting and penance between Ash Wednesday and Easter (Resurrection) Sunday. In 2024, Mardi Gras will be celebrated on **Tuesday, 13 February**, the Tuesday before President's Day.

Today, Mardi Gras is marked by popular festivities and traditions including attending parades, catching beads, and eating king cake. Those faithful to the Christian faith will use this time to focus on preparing for Holy Week which ends with celebrations of Christ's resurrection on Easter Sunday.

Testing Schedule



This is the time of year high school students around the country are preparing to take standardized tests. These assessments are designed to give students and their parents insight into the student's current level of knowledge and skill. Armed with this knowledge, students, parents, and teachers can then begin to chart courses of study to enhance the student's ability to demonstrate his or her knowledge on the SAT or ACT for college admissions.

Students in the 11th and 12th grades will take one of two tests: SAT or the ACT. Both of these tests are used by universities and colleges to determine a student's readiness to do college level work. These two tests are very different and students should consider carefully which best suits their learning styles and gives them the best opportunity to achieve their goals.

Test Date	Test Name	Registration Deadline
March 9, 2024	SAT	February 23, 2024 (late registration 2/27)
April 13, 2024	ACT	March 8, 2024
May 4, 2024	SAT	April 19, 2024 (late registration 4/23)
June 8, 2024	ACT	May 3, 2024 (late registration 5/19)

To learn more, visit the following websites: SAT— www.collegeboard.org or ACT— www.actstudent.org.

History of Valentine's Day

Where did Valentine's Day originate from? The history of the holiday is shrouded in mystery. We do know that February has long been celebrated as a month of romance, and that St. Valentine's Day, as we know it today, contains vestiges of both Christian and ancient Roman tradition. But who was Saint Valentine, and how did he become associated with this ancient rite?

The Catholic Church recognizes at least three different saints named Valentine or Valentinus, all of whom were martyred. One legend contends that Valentine was a priest who served during the third century in Rome. When Emperor Claudius II decided that single men made better soldiers than those with wives and families, he outlawed marriage for young men. Valentine, realizing the injustice of the decree, defied Claudius and continued to perform marriages for young lovers in secret. When Valentine's actions were discovered, Claudius ordered that he be put to death. Still others insist that it was Saint Valentine of Terni, a bishop, who was the true namesake of the holiday. He, too, was beheaded by Claudius II outside Rome.

Other stories suggest that Valentine may have been killed for attempting to help Christians escape harsh Roman prisons. According to one legend, an imprisoned Valentine actually sent the first "valentine" greeting himself after he fell in love with a young girl—possibly his jailor's daughter—who visited him during his confinement. Before his death, it is alleged that he wrote her a letter signed "From your Valentine," an expression that is still in use today. Although the truth behind the Valentine legends is murky, he would become one of the most popular saints in England and France.

Regardless of how this holiday began, it is now recognized as a time to share expressions of love. So, if you have not ordered flowers, made dinner reservations, or bought a card, there is still time! Floral arrangements and cards are available at the Navy Exchange just in time to meet any of your last minute needs. **Wink! Wink!**



SCHOOL CALENDARS

In an effort to better serve the Camden County community, the local Board of Education has adopted school calendars for fiscal years 2025 and 2026. All of the calendars are available for view at www.camden.k12.ga.us. Each of the calendars is color coded to highlight teacher workdays, holidays, and special days such as the first day of school, the last day of school, and the high school graduation. Military families should take advantage of these calendars when making plans for the next “PCS.” Having access to this information early will help military families plan around testing dates, holidays, and so much more.



*“Love is such a powerful force.
It’s there for everyone to embrace— that kind of unconditional love for all humankind. That is the kind of love that impels people to go into the community and try to change conditions for others, to take risks for what they believe in.”*

CORETTA SCOTT KING

Four Chaplain’s Day — February 3rd

During World War II, four chaplains who had attended Chaplain School together at Harvard boarded the *Dorchester* en route to the Army Command Base in southern Greenland. Aboard the ship were 904 service members.

The four chaplains were Reverend George L. Fox, a Methodist minister, Reverend Clark V. Poling of the Reformed Church of America, Rabbi Alexander D. Goode, and Father John P. Washington of the Roman Catholic Church. Their voyage began on January 23, 1943. At the time, German U-Boats were patrolling the area, and the convoy was on high alert. When a German submarine torpedoed the *Dorchester* on February 3, 1943, in the frigid waters off the coast of Newfoundland, chaos ensued.



Eyewitnesses recounted the chaplains’ heroism, including giving their life jackets and gloves to other service members. They prayed with service members, assisting them into lifeboats. The four chaplains remained on the sinking *Dorchester*. Only 230 men were rescued from the waters.

Congress awarded the four chaplains the Medal of Honor in 1960.

This article was adapted from www.nationaldaycalendar.com on January 17, 2024.



#LoveLikeThat

February is National Teen Dating Violence Awareness Month (TDVAM). The theme for TDVAM 2024 is “**Love Like That.**” *You can help!* Dating violence is more common than you may think, especially among teens and young adults: 1 in 3 U.S. teens will experience physical, sexual, or emotional abuse from someone they’re in a relationship with before becoming adults. And nearly half (43%) of U.S. college women report experiencing violent or abusive dating behaviors.

Each February, young adults and their loved ones nationwide raise awareness about teen dating violence through Teen Dating Violence Awareness Month (TDVAM). This annual, month-long effort focuses on advocacy and education to stop dating abuse before it starts.

Selected by the love is respect Youth Council, “**Love Like That,**” illuminates what “that” means regarding healthy and unhealthy relationships. We know that love is more than a feeling; no matter how you define it, it’s essential to ensure you’re on the same page with your partner about the definitions and boundaries of your relationship. Teens and young adults express their love for one another in many ways, which differ from person to person or community. The essential aspect of “**Love Like That**” calls on us all to create a world of positive actions to express and show healthy love in various ways. can make a difference by reaching out to young people in simple ways:

- Discussing the warning signs of dating abuse (all kinds, not just physical abuse),
- Creating a positive connection to the issue – talk about the characteristics of healthy teen relationships, not just abusive ones – use statistics sparingly,
- Talking about how the media portrays healthy and unhealthy relationships, and
- Getting involved even if you don’t have a lot of resources – a casual discussion while in the car or bringing up the topic while doing chores are great opportunities to get the conversation started.

The Kings Bay Teen Program will host a **special proclamation signing event on Thursday, February 8th** (tentatively at 3:00 pm) at the newly-renovated Teen Center. Come out and show your support!

If you know of a teen or parent who could benefit from speaking to a peer advocate, please connect them with the National Dating Abuse Helpline, at **1-866-331-9474** (TTY: 1-866-331-8453), by texting "loveis" to 77054, or through live chat at loveisrespect.org. Hashtags to use: #LoveLikeThat, #TDVAM24 or “#loveisrespect.

Wear Orange for Love Day, is Tuesday, **February 6th!** Encourage students, teachers, co-workers, and friends to wear something **orange** in honor of Teen Dating Violence Awareness Month.



Special Education Resource



If you are a military parent or caregiver for a family member with special needs, then you know just how challenging it can be find and understand information about services, current legislation, and available support. Now, this important is available right at your fingertips!

Special Ed Connection provides resources and tools that Navy staff and parents can use to gain a clear understanding of special education requirements and services and how they work. From legal rights to practical application and from student referrals to IEPs, *Special Ed Connection*® explains specific procedures and provides real-world application strategies to help you learn the complexities surrounding special education supports and services.

Here are highlights of just a few of the many resources that you'll find on Special Ed Connection®

- **SmartStarts** – The best starting point to gain an interpretation and a better understanding of over 500 special education topics. SmartStarts provide practical guidance, based on federal regulations and case law. From IEP meetings to assistive technology to chronic health conditions, each SmartStart will help you understand the law and how it applies to your individual child's situation.
- **Special Ed Dictionary** – Provides straight forward definitions of more than 2,000 widely used terms and acronyms, enabling enhanced dialogue about special education issues.
- **News and Updates** – Stay current on the latest news and developments in the special education community—including news about legislation, best practice strategies from special education experts, updates from experts regarding new techniques being used in the special education, and more!

NAVY Child and Youth Programs brings you
LRP Publications' Special Ed Connection®
FREE of charge!

Register through the Kings Bay School Liaison by calling
(912) 573-8986 or writing clainetta.t.jefferson.naf@us.navy.mil



EFMP Exceptional
Family Member
Program



ASVAB—Register NOW!



You've heard taking the Armed Services Vocational Aptitude Battery (ASVAB) is your ticket to a great U.S. military career. If you're serious about joining the military, then it's time also to get serious about taking **the ASVAB. Camden County High School will administer the ASVAB on Monday, March 18th.** Student interested in taking the ASVAB should register with the school in the Guidance Office.

What is the ASVAB?

The ASVAB is a timed, multi-aptitude test, which is given at more than 14,000 schools and Military Entrance Processing Stations (MEPS) nationwide and is developed and maintained by the Defense Department (DoD). The ASVAB helps the Department of Defense not just determine whether you are a good fit to join the service, but also which service branch you might be best for and even what military jobs you can hold after you finish basic training or boot camp. The better your ASVAB score, the broader your options.

ASVAB Test Explained

The ASVAB includes tests in 10 areas: general science (GS), arithmetic reasoning (AR), word knowledge (WK), paragraph comprehension (PC), mathematics knowledge (MK), electronics information (EI), auto information (AI), shop information (SI), mechanical comprehension (MC) and assembling objects (AO). It provides career information for various civilian and military occupations and is an indicator for success in future endeavors, such as college, vocational school or a military career.

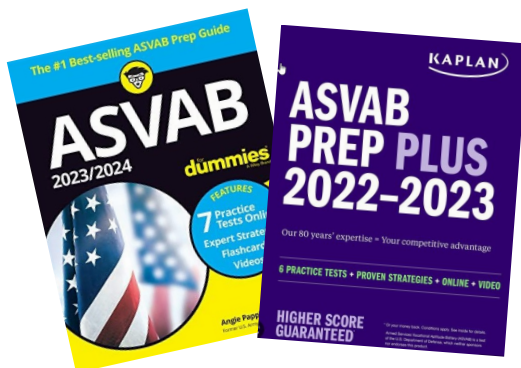
Service Branch	Required AFQT
Army	31
Navy	35
Marines	32
Air Force	31
Coast Guard	40
*These scores are subject to change without notice.	

Your AFTQ Score Can Be Critical!

ASVAB test scores are broken down by the individual subtests and their composites. One of the most critical of these scores is the Armed Forces Qualification Test (AFQT) which is used to determine whether you are qualified to join the military service. Each service determines the qualifying AFQT score for enlisting in their service. The AFQT is comprised of your results in arithmetic reasoning, math knowledge and verbal expression (VE) times two. Your VE score is a combination of your word knowledge and paragraph comprehension scores.

Three Versions of the ASVAB

There are three distinctly different versions or formats of the ASVAB; the CAT-ASVAB (computer adaptive test), the Military Entrance Test (MET)-site ASVAB and the Student ASVAB. Each ASVAB has different benefits and limitations. Many potential military recruits take the CAT-ASVAB.



You can start preparing now by taking ASVAB practice tests .

These tests will give you an idea of how you'll score and identify areas for improvement. Then, use printed or online resources and ASVAB study guides to learn how to prepare. For more information, contact the school guidance office about recruiter contact information.

This article was adapted from www.military.com on January 19, 2023.

FAFSA Night - February 6th

Getting into college is one thing, but finding the money to pay to college is another. For many military students and their parents, finding scholarship, grants, and other forms of financial aid can be overwhelming. One of the first steps to make in determining financial need is the completion of the **Free Application for Federal Student Aid or the FAFSA**. Be careful to avoid “FAFSA-looking” websites which may appear with ‘.com’ endings and charge a fee for services. **Remember, this is FREE!**

It is strongly recommend that each student create a StudentAid.gov account before starting the FAFSA form. When creating this account, be careful to enter your name and Social Security number (SSN) exactly as they appear on your Social Security card. Setting up this account will give each individual an FSA ID number which is required to enter information into the FAFSA application.

2024–25 FAFSA® Form

On the 2024–25 FAFSA form, every contributor—anyone (you, your spouse, a biological or adoptive parent, or your parent's spouse) who's required to provide information on the FAFSA form—needs a [StudentAid.gov](https://studentaid.gov) account before accessing and completing their section of the online form. Contributors can access their [StudentAid.gov](https://studentaid.gov) account by using their individual FSA ID (account username and password).

Note: Contributors without an SSN can create a [StudentAid.gov](https://studentaid.gov) account to fill out their portion of your 2024–25 FAFSA form online.



Families interested in learning more about this important financial aid process are invited to attend the **FAFSA Night** hosted by the Guidance Department of Camden County High School.

Employment Opportunity The Players Championship **MILITARY JOB FAIR**



THE PLAYERS CHAMPIONSHIP 2024 **MILITARY JOB FAIR**

Saturday, March 9 | 10 a.m. - 2 p.m.

Patriots' Outpost presented by CSX

TPC Sawgrass

110 Championship Way, Ponte Vedra Beach, FL 32082

THE PLAYERS is proud to partner with the Jacksonville Military Veteran Coalition to offer a free job fair open to all service members and their spouses.

- Business casual attire
- Bring copies of your resume



Child and Youth Programs

**Clainetta T.
Jefferson,
School Liaison**

Naval Submarine Base Kings Bay
Child and Youth Education Services
650 USS Wahoo Avenue
Building 0166
Kings Bay, Georgia 31547

Phone: 912-573-8986

Cell: 912-339-7102

Fax: 912-573-0115

E-mail: kingsbaysl@us.navy.mil or
Clainetta.t.jefferson.naf@us.navy.mil



RESOURCES GALORE

Camden County Schools

Glynn County Schools

Nassau County Schools (Florida)

Georgia Department of Education

Florida Department of Education

Military OneSource

Military Child Education Coalition (MCEC)

Transition Information

Military Kids Connect (Great for teens!)

Tutor.com

www.camden.k12.ga.us

www.glynn.k12.ga.us

www.nassau.k12.fl.us

www.gadoe.org

www.fldoe.org

www.militaryonesource.org

www.militarychild.org

www.militaryk12partners.dodea.edu

<http://militarykidsconnect.dcoe.mil>

www.tutor.com

