

Morale, Welfare & Recreation Naval Submarine Base Kings Bay



*We are proud to bring award winning
programs for those who serve.*



NAVYMWRKINGSBAY.COM



Welcome to Kings Bay, y'all !

Naval Submarine Base Kings Bay is situated on 16,900 acres in Camden County Georgia just north of the Florida border near Interstate 95. The installation is home to Ohio-class nuclear powered ballistic missile (SSBN) and two re-configured guided missile (SSGN) submarines and only 30 minutes from Jacksonville International Airport. Nearby, you will find a variety of places to live, shop, recreate, learn, explore and play. Friendly people, superb amenities and more are just a few of the reasons why people chose to serve here, many for follow-on tours, or to retire here. The cost of living is reasonable compared with many duty stations, which adds to the attractiveness of the area.

Off base, you can visit historic sites; local, state, regional and national parks and preserves; tourist attractions; and points of interest all along the Georgia and Florida coast or inland. You can explore shops, restaurants and points of interest in St. Marys — the gateway to Cumberland Island — and Kingsland. In less than an hour, you can reach beaches, malls and a multitude of services and amenities in Jacksonville, Fernandina Beach, Brunswick and St. Simons Island. Area residents and visitors boast about the fresh and saltwater fishing.

On base, Morale, Welfare and Recreation (MWR) offers a variety of programs and services for single or unaccompanied Sailors, Marines and families, including computer gaming areas, programs, trips, a golf course, bowling center, special events and much more. MWR is a customer-driven organization that prides itself in offering new program ideas in innovative ways to improve the entertainment, recreation and fitness opportunities of the new generation of military members, their families, retirees, civilians, and other authorized patrons.



TABLE OF CONTENTS

Welcome to Kings Bay	<i>page 2</i>
MWR VISION/MISSION	<i>page 3</i>
Community Recreation	<i>page 4</i>
The CRAB	<i>page 5</i>
Fitness • Sports • Aquatics	<i>page 6</i>
TRIPLEX	<i>page 7</i>
Golf	<i>page 8</i>
Navy Getaways	<i>page 9</i>
Entertainment	<i>page 10</i>
MWR is Mobile	<i>page 11</i>

MWR Vision

Customer focused, quality driven - the preferred choice of those we serve.

MWR Mission

To deliver high quality, customer focused programs and services that contribute to the readiness, retention and quality of life of the military community served.



COMMUNITY RECREATION

TICKETS & TRAVEL

SERVICES OFFERED

- Local Theme Park Admission (Wild Adventures, Summer Waves, Six Flags and Georgia Aquarium)
- Popular Florida Attractions (Universal Orlando, Walt Disney World, Kennedy Space Center, Sea World, Busch Gardens, Medieval Times)
- Sporting Events (Jacksonville Jaguars, Monster Truck show, Daytona International Raceway events)

FEATURES

Friendly Customer Service • No Additional Fees or Taxes • Exclusive Offers • Discount Attraction Tickets • Cruise Services • Lodging Booking (hotels, condos, vacation rentals) • Free WiFi

OUTDOOR RENTALS

Enjoy the great outdoors with party and adventure rentals. You'll find everything you need to host the perfect party: canopies, tables, chairs, inflatables, grills coolers, pavilion reservations and more. Ready to get out and explore? Rent boats, bikes, tents, and more! Hunting and fishing permits are available for purchase.

SPECIAL EVENTS

Throughout the year, there are many offered events designed to bring together the entire Kings Bay community. With Summer Splash, Trunk-or-Treat, Farmer Bob's Fall Drive-Thru Experience and Kringle Comes to the CRAB, to name a few, there's sure to be something for everyone.

PARKS AND PLAYGROUNDS

UNDER THE PINES PARK

Located near the Fitness Complex, Under the Pines Park is the ultimate outdoor play space for children. The park offers a covered pavilion with picnic tables, a grill, climbing dinosaur bones and two playgrounds.

SAIL POINTE PARK

Located adjacent to the pool, Sail Pointe Park is the perfect place to relax and picnic with lots of green space. Also available are two covered pavilions with power supply, and an Outdoor High Intensity TRX Box workout area.

LAKE D PARK

Located in the heart of Kings Bay, the park playground borders the edges of beautiful Lake D. The park offers covered pavilions with picnic tables, grills, running water, electricity, restrooms, playgrounds, horseshoe pits, and volleyball.

ETOWAH PARK

Located just past Trident Lakes Golf Club, Etowah Park is Kings Bay's best kept secret. This secluded natural park offers a covered pavilion with picnic tables and grill, potable water, restrooms, a boat ramp and fishing dock. Overnight camping is authorized. Please reserve your spot with Outdoor Rentals.



The CRAB

Building on the success of previous playground projects, and recognizing environmental factors and a growing demographic of young families, MWR transformed the empty library building into the CRAB, an 11,500 square foot multi-functional recreation facility. The Community Recreation Activities Building is a innovative indoor playground and in 2018, the CRAB became our inclusive community recreation center. The Accessibility and Inclusion Manager develops and executes programs and events free from physical and cognitive barriers. With home-schooling opportunities, family music classes, cultural classes from the Cherokee of Georgia, nature classes from Crooked River State Park and even our annual unplugged event, the CRAB delivers quality service that satisfies customer needs through a variety of partnerships.

Services Offered

Snack bar • Free Wi-Fi • Gaming Center • Movie Center • Party Rentals • FRG Meetings • Pre-deployment & Homecomings • Command Parties • Birthday Parties • Mom's Day Out • Crabby Craft Days

Features

Indoor Playground • Bounce Houses • Toddler Area • Children's Library • Game Center • Party Rooms • Rock Wall



FITNESS

There's something for everyone at the Kings Bay Fitness Complex. Whether you are an elite athlete, new to a fitness program, or somewhere in between, you will find everything you need to achieve your fitness goals. The Fitness Complex is open seven days a week for all authorized patrons: active duty, retirees, Reservists, DOD Civilians, and family members. Civilian contractors and guests of authorized patrons are required to pay a small fee for use of the facility and classes. All patrons must show proper ID to enter the facility.

SERVICES OFFERED

Command PT • Group Exercise Classes • Personal Training • Bod Pod Body Composition Testing • Health Promotion and Wellness • Fitness Incentive Program • Taekwondo Classes

FEATURES

Family Fitness Room • Selectorized Weight Room • Abs/Stretch Area • High Intensity Weight Room • Cardio Theater • Group-X Room • Racquetball & Tennis Courts • Indoor & Outdoor Basketball Courts • Multipurpose Courts • 25-Meter Heated Pool • Outdoor High Intensity TRX Box Workout Area • Free Weight/Dumbbell Room • Free Wifi

ACCESS TO WORKOUT/ACTIVITY AREAS Patrons must be 15 years or older to utilize workout/activity areas containing free weights and exercise equipment without supervision. Youth who are 10-14 years of age may utilize these areas with direct adult supervision. Youth under 10 are not permitted on the main weight floor, high intensity space, cardio or circuit training area. Youth, 15 years and older, may utilize the basketball, racquetball courts and multi-purpose courts without supervision. Youth 14 years old and younger may only utilize the basketball, racquetball courts and multi-purpose courts with adult supervision.(CNIC1710.3)

SPORTS

Sports offered are Dodgeball, Ultimate Frisbee, Basketball, Softball, Flag Football, Volleyball, Soccer, Wallyball, Golf, Tennis, Racquetball. Kings Bay competes in many Tri-base competitions with NS Mayport and NAS Jacksonville along with All-Navy Sports Competitions, and Captains Cup Awards

FEATURES

Synthetic Turf Field • Quarter-Mile Track • 3 Softball Fields • 7 Soccer Fields

AQUATICS

The outdoor, heated lap pool offers year-round aquatic fitness and is also the perfect place for families to cool down during the summer. The double flume water slide, wading pool, and water-drop umbrella play feature will keep kids of all ages entertained.

SERVICES OFFERED

Year-Round Aquatic Fitness • Pavilion Rental • Swim Lessons • Summer Recreational Swimming • Summer Dive-In Movies

FEATURES

Two Covered Picnic Pavilions • Shaded Seating • Lounge Chairs • Kids Splash Area • Dive Well • Vending Machines • BBQ Grills • Sand Volleyball • Double Water Slide • Free Wifi



TRIPLEX

LIBERTY

Get your game on at the Triplex Liberty and Recreation Center. This 10,000 square foot complex is the perfect place for sports, games, movies, and entertainment. Watch the big game on one of numerous HDTVs, start a friendly competition in the Gaming Zone, challenge your friends in the Media Zone or simply relax in plush living-room style comfort. Recently a Music Room has been added as a bonus for those musically inclined. Don't have your instrument, we offer a large selection of instruments just for you. The Triplex is open to all authorized patrons, Active Duty and their guests, 18 years of age and older.

SERVICES OFFERED

Grab-N-Go Snack Bar • 120" HD Projection System • 40-Seat Home-Theater Style Movie Center • Navy Motion Picture Service Films • Gaming Center • Sports Zone • Media Zone • Music Room • Sports Tournaments • Computer/Printer Workstations • Laptops • NMCI Computer Access • Small Movie Zones

FEATURES

HDTVs • Billiard Tables • Ping-Pong • Shuffle Board • Air Hockey • Foosball • Poker Tables • Darts • Latest in Playstation/X-Box • Free WiFi

CONFERENCE CENTER

Situated next to a picturesque lake and within walking distance of Navy Gateway Inns and Suites, the TRIPLEX Conference Center is a perfect venue for your next event. Three rooms are available for entertainment or business functions that accommodate up to 400 people: two large dining rooms and a third room with a dance floor and a bar. All rooms are easily accessible to each other and can be rented individually or as a whole. A fully equipped kitchen is available for a rental/catering fee.

SERVICES OFFERED

Professional Event Coordinators • Fully Equipped Kitchen • Catering • Rental Items • Teleconference Capability

FEATURES

Large Dining Areas • Lounge Area • Dance Floor with Bar Room • Business Center • Free Wifi

BUSINESS CENTER

The Business Center offers everything you need for your next meeting. A large conference table that seats twelve comfortably plus additional side chairs, computers, telephone, fax machine, printers, and video teleconferencing equipment are all located in an enclosed room with a separate entrance and exit.



GOLF

Golf with nature! Designed by Arthur Hills, Trident Lakes Golf Club is an 18-hole course that will challenge golfers of all skill levels. The terrain features gently rolling fairways, bordered by dense trees for beautiful, shady scenery. The well-manicured, sloping greens will test golfers' putting skills. Traverse the course with ease in an electric rental cart, or on foot by utilizing a pull cart. Forgot something? The Pro-Shop is well stocked with golf balls, tees, clubs, apparel, gloves, and shoes. A select choice of concessions are available for purchase inside the Pro Shop. Golf lessons with the Pro are offered weekly and kids can golf free with a paying adult every day after 12 noon! Reserved tee times are highly recommended. Please call (912) 573- 8475 or email tltees@tds.net to reserve a tee time today. Trident Lakes Golf Club is open to the public.

SERVICES OFFERED

Lessons and Clinics • Tournaments • Pro Shop, Resale & Special Orders • Private Event Rental Facility • Cart Rental (ADA carts available)

• Equipment Rental, including clubs and lockers

FEATURES

18-hole Course • Grass Driving Range • Putting/Chipping Green w/ Practice Bunker • Covered Large Pavilion • Free WiFi • Trident Lakes Golf Club App available in both Apple & Android stores. It includes Tee time reservations, GPS yardage, scorekeeping, exclusive in-app deals & offers and more!

TOURNAMENTS AND PRIVATE OUTINGS

Customized packages are available for tournaments and outings. A full list of what we offer is available upon request. Our Hospitality Room is perfect for any occasion. Whether entertaining, hosting a group or just relaxing, it's sure to fit the bill. If an open air setting is more to your liking, then our outdoor pavilion is just for you. Located next to the clubhouse and the eighteenth green, it provides not only a relaxing environment, but a natural and scenic backdrop.



NAVY GETAWAYS

EAGLE HAMMOCK RV PARK

Southern hospitality and an unspoiled environment welcome you to the wooded 220-acre RV park located along Lake D in the heart of Naval Submarine Base Kings Bay. With picture perfect scenery and abundant wildlife, Eagle Hammock RV Park has earned multiple Campers Choice Awards for the Best Military Campgrounds in the Eastern United States. It is located close to historic downtown Saint Mary's and Cumberland Island National Seashore. Enjoy easy access to I-95 for day trips to Georgia's Golden Isles and Savannah, or head south to Florida to visit Jacksonville and St. Augustine. Venture a little further down the road to Daytona Beach or Orlando.

SERVICES OFFERED

30/50 AMP Full Hookups w/Water • Sewer, Electric & Cable • Free Laundry • Trips & Activities • Propane Fill Station • Septic Dump Station

FEATURES

Camp Hosts • Pet Friendly • 70 RV Sites-60 pull-through or back-in and 10 back-in Lakefront • Cement Pads • Picnic Tables • Fire Rings • Cable • ADA Compliant Sites & Restrooms • Community Campfire Pit • Community Building with Full Kitchen, Meeting Space & Bathhouse • Potable Water • Computer & Printer Available

• Free Wi-Fi.



NAVY LAKE SITE ALLATOONA

Looking for a day of fun on the water or a vacation getaway? Navy Lake Site Allatoona is the perfect destination. Stay, play and relax at our 52-acre recreational area, located on the shorelines of Lake Allatoona, one of the most frequently visited lakes in the nation, and only 30 minutes north of Atlanta. Navy Lake Site is conveniently located near many major Atlanta area attractions to include: Six Flags Over Georgia, Georgia Aquarium, Stone Mountain, Atlanta Zoo, Atlanta Motor Speedway, Phillips Arena, Sun Trust Park, Mercedes-Benz Stadium, and so much more!

SERVICES OFFERED

3 Boat Docks w/102 Rental Slips • Full Service Marina • Gas Dock • Motorized and Non-Motorized Rental Boats • Water Sports Equipment Rental • Long Term Storage • Fully Furnished Cabins • Pine Bluff Lodge (Large Event Rental), 30/50 AMP full hook-ups w/water & electric (dump station located on-site) • Tent Sites

FEATURES

RV Sites • Sandy Beach Swimming Area • Boat Ramp • Rental Pavilion • Picnic Tables & BBQ Pits • Laundry Room • Game Room • Convenience Store • Playgrounds • Free Wi-Fi



ENTERTAINMENT

THE BOX OFFICE THEATER

Our digital cinema theater brings movies to life and provides the Kings Bay community with a convenient, affordable, and enjoyable movie-going experience. The Box Office offers a wide variety of classic movie concessions including popcorn, candy, nachos, and more! We kindly ask that you finish all outside food and drinks prior to entering the theater. Doors open 30 minutes prior to the first show time. Concessions are also available for purchase. Visit NavyMWRKingsBay.com for current movie schedules.

Box Office Party Package includes facility and concessions rental, plus your choice of all available current screenings or from our NDVD library of over 700 titles. All parties must be booked at least 2 weeks in advance and must be booked outside of normal show days/times. Outside cakes will be allowed during parties but, no other food or beverages are allowed. Plates, utensils, and napkins are provided.

RACK-N-ROLL LANES BOWLING CENTER

It's all fun and games at Kings Bay's comfortable, upscale venue for family entertainment. Kids of all ages will enjoy bowling and arcade games. Rack-N-Roll Lanes features optional bumpers and ball ramps to keep the little ones happy while the gaming arcade offers variety for everyone. State of the art scoring system keeps score so you can focus on the fun.

SERVICES OFFERED

School Break Specials • League Nights • Tournaments • Family Nights • Themed Events • X-Treme Bowling • Free Active Duty Days • Birthday Parties • Group Functions

FEATURES

Pro Shop • Arcade Gaming Room • Party Room • Resale Items • Free WiFi

FINNEGAN'S PUB

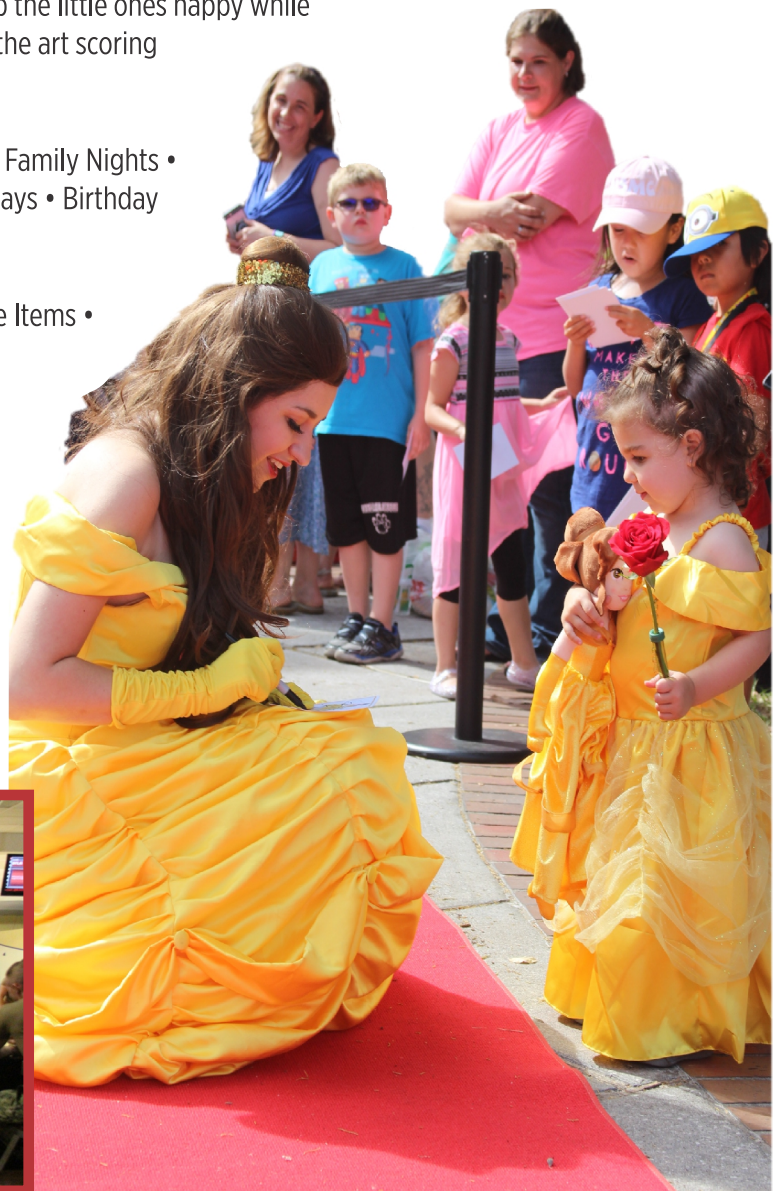
Authentically Irish, this pub is where old friends meet new friends. Stop by for a cold pint of Ireland's famous Guinness ale, or choose from several other draught beers. This full service bar has any libation you like.

SERVICES OFFERED

Drink Specials • Special Events • Live Music

FEATURES

Draught Beer • Full-Service Bar • Indoor and Outdoor Flat-Screen TVs • Free WiFi



We're as mobile as **YOU** are!



NAVYMWKINGSBAY.COM

Subscribe to our weekly 'MWR E-News'!
Available in the mobile app stores as a free download
"navymwrkingsbay" and "Trident Lakes Golf"

Follow us on facebook @/mwrkingsbay
and on Instagram @mwr_kingsbay



Text MWR to 474747
FOR THE LATEST UPDATES
JOIN ONE OR JOIN MORE!

Message & Data rates may apply.

FOR SPECIFIC INFO, TEXT THE FOLLOWING

MWR KBFITNESS

MWR KBSWIM

MWR KBTICKETS

MWR KBMOVIES

Take our survey!

surveymonkey.com/r/mwrkb

We'd love to hear from you!

Life is meant to be colorful.

MWR Kings Bay creates award-winning programs for those who serve.



Fitness Color Run 5K



NAVYMWRKINGSBAY.COM



Fitness Run for the Fallen 5K



Box Office Red Carpet Meet and Greet



Liberty Key West Scuba Adventure