The Fleet and Family Support Center (FFSC) offers an array of classes each month that are FREE to active duty, retirees and their family members.

Pre-registration is required due to limited seating. Please make arrangements as childcare is not provided.

Join these in-person classes with Fleet and Family Support Center subject matter experts.

To register for these classes, please call FFSC at 912-573-4512/4513 or register online with the QR code.



920 USS James Madison Rd. Kings Bay, GA 31547

Hours of Operation:
Mon, Tues, Wed & Fri:
8:00am - 4:30pm
Thursday
9:00am - 4:30pm

Memorial Day is May 26, 2025







Connect with us!







# 2025 CLASS SCHEDULI



#### **RELOCATION**

PCS with DPS Every Tuesday @ 9:30am Thursday @ 3:00pm

CONUS Smooth Move 21 MAY 2:00pm-4:00pm

#### **LIFE SKILLS**

Bridging the Generation Gap 14 MAY 10:00am-12:00pm

## INTEGRATED PRIMARY PREVENTION WORKFORCE (IPPW)

Suicide Prevention Coordinator Forum 15 MAY 9:30am-11:00am



REGISTRATION FOR CLASSES IS REQUIRED.

#### **COMMAND LEADERSHIP**

COB Quals 2nd and 4th Tuesday of the Month 11:00am-12:00pm

> SAPR/FAP/SAIL/IPPW Commander's Tool Kit 1st Tuesday of each Month 1:00pm-3:00pm

#### TRANSITION/EMPLOYMENT

Federal Employment 101: Navigating Federal Jobs 7 MAY 10:00am-11:30am

Federal Employment 102: Federal Resumé Writing 8 MAY 10:30am-12:00pm

Separation TAP 19-23 MAY 7:00am-4:30pm

MY Education 22-23 MAY 9:00am-4:30pm

Executive TAP 27-29 MAY 7:00am-4:30pm

#### **COUNSELING & ADVOCACY**

Anger Management Intensive Every Tuesday @ 1:00pm

Women's STOP Every Tuesday at 10:00am

STOP Every Wednesday @ 1:00pm

> Parenting Class Every Monday 9:00am-11:00am

What About the Kids?
Every 4th Wednesday of the Month
9:00am-11:00am

### PERSONAL FINANCIAL MANAGEMENT

Be Financially Prepared for Disasters 14 MAY 2:00pm-4:00pm

#### **EFMP**

EFMP POC Training 7 MAY 10:00am-11:00am

EFMP POC Forum 7 MAY 11:00am-12:00pm

#### **DEPLOYMENT**

Kings Bay Express (Base Tour) 14 MAY 10:00am-12:00pm

Single and Squared Away for Deployment 13 MAY 2:30pm-4:00pm

#### OMBUDSMAN/FRG

FRG Basic Training 3-4 MAY 9:00am-4:00pm

Ombudsman Assembly 19 MAY 5:30pm

