

The Fleet and Family Support Center (FFSC) offers an array of classes each month that are **FREE** to active duty, retirees and their family members. Pre-registration is required due to limited seating. Please make arrangements as childcare is not provided.

920 USS James Madison Rd.  
Kings Bay, GA 31547

Hours of Operation:  
Mon, Tues, Wed & Fri:  
8:00am - 4:30pm  
Thursday  
9:00am - 4:30pm

*Connect with us!*



Join these in-person classes with Fleet and Family Support Center subject matter experts. To register for these classes, please call FFSC at 912-573-4512/4513 or register online with the QR code.



*Purple Heart Day  
August 8, 2025*



# AUGUST 2025 CLASS SCHEDULE



## RELOCATION

PCS with DPS  
Every Tuesday @ 9:30am  
Thursday @ 3:00pm

PPM Closeouts  
Thursdays 2:00pm-3:00pm

CONUS Smooth Move  
5 AUG 5:00pm-7:00pm

OCONUS Smooth Move  
7 AUG 11:00am-1:00pm

Don't Get Lost in Translation  
20 AUG 10:00am-12:00pm

## LIFE SKILLS

Mind Body Mental Fitness  
6, 20, 27 AUG 1:00pm-4:00pm

Communication Path to Healthy  
Relationships  
13 AUG 4:00pm-6:00pm

## REGISTRATION FOR CLASSES IS REQUIRED.

### COMMAND LEADERSHIP

COB Quals  
2nd and 4th Tuesday of the Month  
11:00am-12:00pm

SAPR/FAP/SAIL/IPPW  
Commander's Tool Kit  
1st Tuesday of each Month  
1:00pm-3:00pm

## TRANSITION/EMPLOYMENT

Separation TAP  
28 JUL-1 AUG 7:00am-4:30pm

Boots to Business  
31 JUL-1 AUG 9:00am-4:30pm

Managing Your Education for Spouses  
5-6 AUG 5:00pm-7:00pm

Job Fair Prep Workshop  
6 AUG 11:00am-1:00pm  
13 AUG 5:00pm-7:00pm  
20 AUG 5:00pm-7:00pm

LinkedIn: What Will They See?  
18 AUG 10:00am-11:30am

Separation TAP  
25-29 AUG 7:00am-4:30pm

MY Education  
28-29 AUG 9:00am-4:30pm

## COUNSELING & ADVOCACY

Anger Management Intensive  
Every Tuesday @ 1:00pm

STOP  
Every Wednesday @ 1:00pm

Parenting Class  
Every Monday  
9:00am-11:00am

What About the Kids?  
Every 4th Wednesday of the Month  
9:00am-11:00am

## SAPR

Administrative Uniformed  
Victim Advocate Training  
20 AUG 8:30am-12:30pm

## PERSONAL FINANCIAL MANAGEMENT

Exploring Digital (CRYPTO) Assets  
7 AUG 2:00pm-3:30pm

Understanding Your LES  
13 AUG 5:00pm-7:00pm

## EFMP

EFMP POC Training  
13 AUG 1:00pm-2:00pm

## IPPW

Suicide Prevention Forum  
21 AUG 9:00am-11:00am

## DEPLOYMENT

Kings Bay Express (Base Tour)  
13 AUG 10:00am-12:00pm

Pre-Deployment 101  
14 AUG 5:00pm-6:30pm

## OMBUDSMAN/FRG

Ombudsman Basic Training  
8 AUG 4:00pm-9:00pm  
9-10 AUG 9:00am-4:00pm

Ombudsman Assembly  
(TRIPLEX)  
25 AUG 5:30pm

